



**WEEK 1**

**GENESIS 1:9-13**

God made the land and plants.

**WEEK 2**

**GENESIS 1:6-10, 14-19**

God made the water and sky.

**WEEK 3**

**GENESIS 1:20-25**

God made the animals.

**WEEK 4**

**GENESIS 1:26-27; 2:7, 20-30**

God made Adam and Eve.

**SAY THIS**

**WHO MADE EVERYTHING  
WONDERFUL?**

**God made everything  
wonderful.**

**REMEMBER  
THIS**

**"You have done great  
and wonderful things."  
2 Samuel 7:23, NIV**

**BASIC  
TRUTH**

**GOD MADE ME**

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## WHAT'S YOUR RHYTHM?

by Carey Nieuwhof

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### EVERY FAMILY ALREADY HAS A RHYTHM.

Yours does. Mine does. And what happens in that rhythm becomes 'normal' for the kids. If you grew up in a musician's home, it might be normal to have artists around playing music. For others, it's just normal to see mom and dad out on long runs or it's normal to never miss a football game. Whatever shows up in the rhythm of every day life in our homes is perceived both to be 'normal' and to have value.

The question is: How does God get worked into the rhythm? See, sometimes God is someone who shows up on Sunday, but is absent the rest of the week. Not because he's not important, but because he doesn't have a role in our daily rhythm. For others, God shows up in our life over the week, but he's kind of awkward. You know the 'okay-now-that-dinner's-done-let's-read-the-Bible-any-questions-can-we-be-excused' drill? God's there, but the dialogue's just not normal . . . not yet.

Here's what's true: the younger your kids are, the easier it is to create a rhythm. There's craft time, play time, nap time, meal time . . . you get the picture. Life is more structured, so it's easier to regularly incorporate faith into the rhythm of life. But the older they get, the more creative and purposed you have to be about creating a rhythm.

When our kids were younger, we prayed with them at bedtime and read the Bible regularly together. We used the take-home resources from church to amplify at home what was happening at church. Now, you can take advantage of the Parent Cue. Beyond that, my wife Toni and I tried to weave conversation about our faith into spontaneous moments too—in the same way you might talk about a great movie, a friend or sports.

### In what other ways can incorporate faith talk into your own family rhythm?

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